



**Families
in Transition**
Providing a Home. Building Hope.

Service Description: Volunteers can help

Families in Transition provide a hot meal on a daily basis to homeless families and individuals living in our shared housing facility while on the waiting list for a housing unit of their own. Volunteers heat up frozen entrees provided by the NH Food Bank, prepare fresh sides, stage the dining room, serve meals to participant families, and clean up after dinner.

Requirements: Those interested in this volunteer opportunity must submit a volunteer application, attend a one-hour orientation, and have a desire to serve others through one of Southern NH's largest homeless service centers.

Group Size: Two to three volunteers are needed for each shift. Both individuals and groups are welcome to apply. Larger group sizes can be accommodated by filling the spots on a rotational basis.

Time Commitment:
Shifts are a once-a-month commitment from 5 - 7pm.

For more information,
please visit our website
www.fitnh.org/volunteer



**Families in Transition
is seeking volunteers for
our new Dinner Program!**

To learn more about this and other volunteer opportunities,
e-mail: volunteer@fitnh.org or call: (603) 935 - 7900 x1719