



Who Are the Homeless?

- In the 2014-2015 school year, there were 3,322 homeless students in NH.
- A full-time worker earning a minimum wage cannot afford a one bedroom apartment, priced at the Fair Market rent, anywhere in the United States.
- Over 92% of homeless mothers have experienced severe physical and/or sexual abuse in their lifetime.
- Homeless children are four times more likely to show delays in development and have twice the rate of learning disabilities than children not experiencing homelessness.
- The high school graduation rate for homeless children is less than 25%.

What is Families in Transition (FIT) Doing to Help?

- In 2015, Families in Transition housed 616 people. Of those 616 people, 311 were children. FIT received nearly 5,000 requests for assistance. More than half of those were on behalf of children.
- There are currently 18 dedicated board members, 50 additional committee members and over 60 staff members at FIT.
- Each year, the OutFITters Thrift Stores generate approximately \$100,000 which is used for the housing and services that Families in Transition provides.
- In 2014 alone, Families in Transition received a total of 35,859 volunteer hours, equaling over \$800,000 in help!





Families in Transition

Providing a Home. Building Hope.



OutFITters Thrift Store

Real. Good. Buys.

About us:

Since 1991, **Families in Transition (FIT)**, a nonprofit agency, has served thousands of homeless men, women and children in Manchester, Concord and Dover. Our mission is to provide safe, affordable housing and comprehensive social services to individuals and families who are homeless or at risk of becoming homeless, enabling them to gain self-sufficiency and respect.

Families in Transition provides not only the time and place to recover from homelessness, but also the support to help participants overcome the root causes of their homelessness. With 214 residential units in Manchester, Concord and Dover, FIT provides a wide range of programs and services to help participants develop the tools needed for economic and emotional independence and stability.

In 2002, FIT officially expanded into social entrepreneurship with the **OutFITters Thrift Store** in Manchester. In 2009, we expanded our efforts with the opening of the OutFITters Thrift Store Boutique in Concord. The stores are a revenue stream for FIT, with 100% of profits going to support ongoing programs and services of the agency.

Store Information:

Concord | 20 South Main Street

Tuesday- Saturday, 10am- 6pm

Furniture • Housewares • Upscale clothing for the family

Manchester | 394 Second Street | Monday-

Wednesday, 9am- 6pm, Thursday- Friday, 9am- 8pm,
Saturday 9am- 6pm

Furniture • Clothing • Housewares

Get involved today! Donate at www.fitnh.org or by sending a check to **122 Market Street | Manchester, NH 03101**
Or volunteer by emailing volunteer@fitnh.org: become an intern; help out in our offices, or stores; organize a donation drive
No matter how you help, you can find your FIT at **Families in Transition**