

About Families in Transition

Our Mission

To provide safe, affordable housing and comprehensive social services to individuals and families who are homeless or at risk of becoming homeless, enabling them to gain self-sufficiency and respect.

Since 1995, Families in Transition (FIT) has been committed to providing only the most innovative, comprehensive and effective programming to help homeless individuals and families reach beyond the cycle of homelessness and lead healthy and successful lives. We believe that having a home is a basic human right and is a fundamental component of becoming an engaged and contributing member of the community.

FIT's unique combination of quality, affordable housing and comprehensive services empowers homeless individuals and families to lead healthy, happy and productive lives.



To learn more, visit us online:

www.fitnh.org
[facebook.com/fitnh](https://www.facebook.com/fitnh)

Help us build hope for homeless youth. Get involved **today.**



To donate:

- **Call** (603) 641-9441, ext. 242
- **E-mail** donate@fitnh.org
- **Go online** to www.fitnh.org. Click on "Donate." Choose "other" as your designation and **specify "A Birthday to Remember"** in the comment section of the donation page
- **Send** checks made out to Families in Transition to:

Families in Transition
ATTN: A Birthday to Remember
122 Market Street
Manchester, NH 03101

Families in Transition • 122 Market Street
Manchester, NH 03101 • 603.641.9441
www.fitnh.org • [facebook.com/fitnh](https://www.facebook.com/fitnh)

A Birthday to Remember



**Families
in Transition**

Providing a Home. Building Hope.

Remember the excitement you felt as a child waiting for your birthday to arrive -- the anticipation of celebrating your special day with family and friends, playing games, opening gifts and making that special wish with the birthday candle?



Many children don't have memories like this. Without a home and without the resources to provide a birthday celebration for their children, homeless families are often unable to give their children the birthday celebration all kids deserve.

But you can help. Join Families in Transition in supporting a bi-monthly group birthday party for our youth participants. Sponsor a party yourself or through your business.



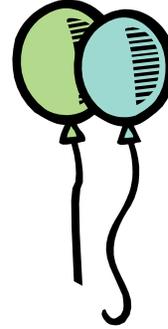
Give homeless children a memory that will last a lifetime.

What makes "A Birthday to Remember"?

Above all else, giving a homeless youth a fun and special day is what makes our parties memorable.

Parties include:

- Cake and ice cream
- Pizza
- Games
- Entertainment
- Crafts
- Goodie bags
- A gift for each child celebrating his/her birthday



Each party serves 15-20 birthday boys and girls, their families, and one additional guest per child.

Please join us in helping give homeless children "A Birthday to Remember." A typical party costs approximately \$400. Whether an in-kind or cash donation, the cost of one snack or of an entire party, your donation of any amount enables us to continue this great program.

Over half of the population Families in Transition serves is made up of children.
In 2010, 242 of our participants were under the age of 18.

Get creative!

Giving a homeless child "A Birthday to Remember" can be fun! Here are some creative ways you can raise money for the birthday party program:

- Ask your office to sponsor a party
- Throw a birthday bash for yourself, your child, or a friend and ask for donations in lieu of gifts
- Donate in honor of a friend's birthday
- Invite shower or wedding guests to donate in lieu of gifts
- Place a donation box in your place of business



Welcome to our community. Many individuals from the greater Manchester area have rallied behind FIT's birthday party program.
Become one of them!