

November, 2018

Dear Friend,

Richard, a Families in Transition-New Horizons (FIT-NH) participant, has had a full life. At one point, he had a career as a machinist and was happily engaged. That is, until he became homeless.

Richard attributes his homelessness to a few unfortunate life events. Primarily, he was faced with several physical and mental ailments. He did his best to continue his career, but eventually, Richard's health declined and he was unable to work.

Then another blow, Richard's mother was diagnosed with terminal cancer. Even though his own health was failing, he took on the responsibility as his mother's primary caregiver. A year later, Richard lost his mom at the same time his relationship with his fiancée ended. *"Losing a parent and all of the other circumstances around my life seemed to really compound on top of my own internal issues. And, I fell apart."* said Richard.

Unable to work, and with no place else to go, Richard turned to our New Horizons shelter for a safe place to stay. He began to work with a case manager whom he said was "extremely supportive" with helping him to navigate his next steps, including applying for Families in Transition Housing. A few months later, Richard was accepted into one of our communal living, long-term, housing programs.

"They have given me the chance to rebuild my life. Families in Transition-New Horizons is not about giving handouts, it's about giving people the basic needs they can use to pick themselves up." expressed Richard.

When you support Families in Transition-New Horizons, you take part in providing someone the means to turn their life around. Your support can help us provide a home to others like Richard.

Warmest regards,

Maureen Beauregard
President

P.S. Richard is one of hundreds who we help each and every year. Please make this your s-t-r-e-t-c-h gift of the year so that we can continue helping to change lives.

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Become part of the fight against homelessness. Your gift could provide:

\$1,000: An apartment for a homeless family for one month.

\$500: Twenty boxes of groceries in our food pantry.

\$250: One hundred twenty-five meals in our soup kitchen.

\$100: Two weeks of social service support to one individual to help them up and out of homelessness.

\$50: Items such as diapers, wipes, bottles, or more for infants and newborns in our program.

"It's not an exaggeration to say Families in Transition-New Horizons saved my life."

**-Richard
FIT-NH Participant**

