

November 2019



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199 Manchester Street, Manchester, NH 03103
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Dear Friends,

Homelessness doesn't discriminate. A car accident, loss of job, increase of rents that don't match up with minimum wage jobs, expensive child care, mental health disorders, substance use... it could be a whole host of reasons that brings people to homelessness and hunger. Where do they turn? As one of New Hampshire's largest homeless services providers, they turn to us.

This year alone, we've provided emergency shelter, housing, and case management services to over 2,000 people. We've prepared 166,624 meals and given out 6,748 boxes of groceries. Our costs are skyrocketing because of the significant increase in demand for our services. [This is where we need your help. We can't do this alone.](#)

Meet Bryce. Due to his car accident, he has to carry everything he owns on his disability walker in order to get around the city. He has been sleeping, eating and engaging in case management at our New Horizons shelter for the last four months. "I had two jobs," said Bryce. "Then I got hit by a car and have been unable to work. I had nowhere else to go. I'm thankful to have a roof over my head and food to eat." Bryce is on a waiting list for public housing and hopes to move into his own apartment soon.

Luckily for Bryce and Patience (see side story) and 1,000+ (and growing) others who engage in our services, we're here to support them. We need your help so we can provide basic necessities of food, shelter, and services to people in need in your community.

We are thankful for your support. [Please donate online at support.fitnh.org/YearEnd2019](http://support.fitnh.org/YearEnd2019) or use the enclosed envelope to give an amount that's meaningful to you.

With warm regards,
Interim Leadership Team

Lisa Allard
Chief Financial Officer

Cathy Kuhn
Chief Strategy Officer

Stephanie Savard
Chief Operating Officer

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Bryce became homeless after a car accident.

Patience and her two children moved so many times that her daughter went to six different schools in one year until they entered into our housing. "We had no furniture and only a few bags of clothes, so I set up an air mattress in the living room," said Patience. "Thanks to FIT (Families in Transition-New Horizons), we've been able to stay in one place and I've had the same job for three years. I am thankful that we are stable now." Patience recently received a Section 8 voucher and is on the hunt for her own apartment.



Your gift could provide:

- \$1,000: An apartment for a homeless family for one month
- \$500: Twenty boxes of groceries in our food pantry
- \$250: One hundred meals in our soup kitchen
- \$100: Two weeks of case management support to help one individual move out of homelessness

How do you think it would feel to carry **everything** you own?

